

PHARMACEUTICAL COMPOSITIONS AND DOSAGE FORMS
FOR ADMINISTRATION OF HYDROPHOBIC DRUGS

ABSTRACT OF THE DISCLOSURE

Pharmaceutical compositions and dosage forms for administration of hydrophobic
10 drugs, particularly fenofibrate, are provided. The compositions comprise a
therapeutically effective amount of an active agent and a solubilizer. The solubilizer is
selected to effectively solubilize active agent in the composition. The solubilizers
employed as part of the invention include: a vitamin E substance; monohydric alcohol
esters such as trialkyl citrates, lactones and lower alcohol fatty acid esters;
15 nitrogen-containing solvents; phospholipids; glycerol acetates such as acetin, diacetin
and triacetin; glycerol fatty acid esters such as mono-, di- and triglycerides and acetylated
mono- and diglycerides; propylene glycol esters; ethylene glycol esters; and
combinations thereof. The pharmaceutical dosage forms contain the compositions in a
suitable dosage form unit such as a capsule. Methods of treating patients comprising
20 administering the compositions are also provided.